PATIENT HANDOUTS REQUEST FORM

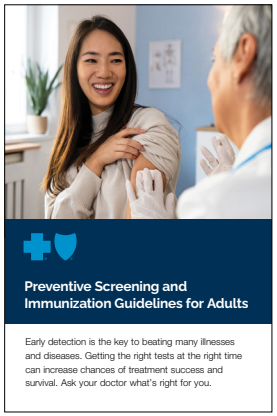
Practice Name			
Mailing Address	City	State	Zip
Contact Name	Phone	Date	

Patient Handouts: Indicate the number of packets (25 per packet) needed for each patient handout. **Email completed form to Ask-PSC@bcbsal.org.**

☐ **Chronic Condition Management**
FHV-20

☐ Packets Needed

☐ **Preventive Screening and Immunization Guidelines for Adults** *FHV-51*



☐ Packets Needed

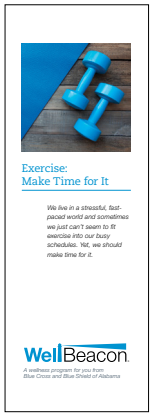
☐ **Diabetes: Know the Warning Signs**
FYH-2

☐ Packets Needed

☐ **Get Healthy Get Immunized**
FYH-12

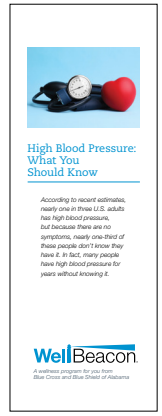
☐ Packets Needed

☐ **Exercise: Make Time for it**
FYH-14



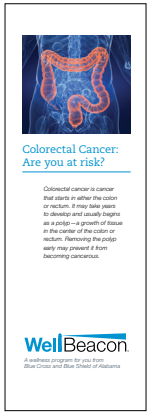
☐ Packets Needed

☐ **High Blood Pressure**
FYH-36



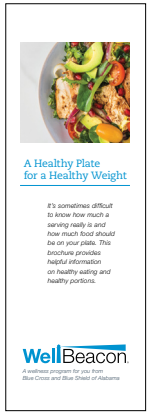
☐ Packets Needed

☐ **Colorectal Cancer: Are You at Risk?**
FYH-185



☐ Packets Needed

☐ **A Healthy Plate for a Healthy Weight**
FYH-188

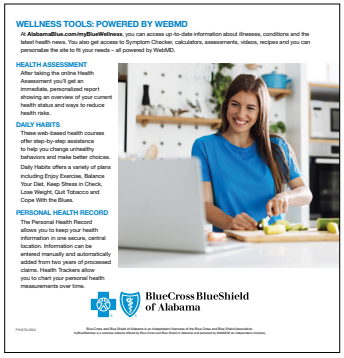


☐ Packets Needed

☐ **Physical Activity for the Family**
FYH-268

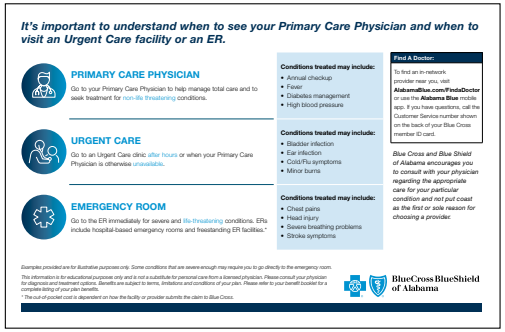
☐ Packets Needed

☐ ***my*BlueWellness**
FYH-279



☐ Packets Needed

☐ **Know Where to Go**
FYH-400



☐ Packets Needed

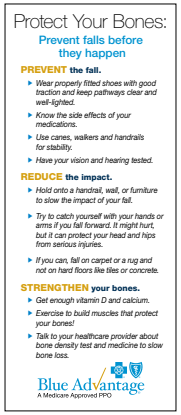
(continued on next page)

Patient Handouts: Indicate the number of packets (25 per packet) needed for each patient handout. **Email completed form to Ask-PSC@bcbsal.org.**

☐ **Make Each Day Matter: Serious Illness Care Program** *MBG-357*

☐ Packets Needed

☐ **Fall Prevention** *MBG-635*



☐ Packets Needed

☐ **HPV Vaccine** *MBR-20260*

☐ Packets Needed

☐ **Case Management** *MKT-143*

☐ Packets Needed

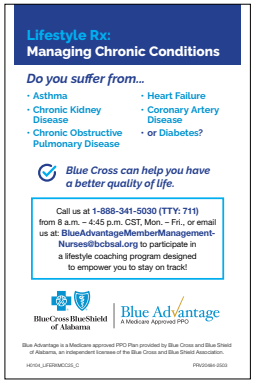
☐ **Lifestyle Rx for a Healthy Pregnancy** *PRV-20458*

☐ Packets Needed

☐ **Lifestyle Rx: Health Coaching** *PRV-20459*

☐ Packets Needed

☐ **Lifestyle Rx: Managing Chronic Conditions** *PRV-20460*



☐ Packets Needed

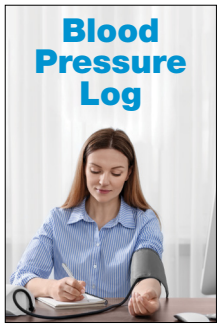
☐ **Lifestyle Rx: Serious Illness Care** *PRV-20484*

☐ Packets Needed

☐ **Talking About Your Health** *PRV-20485*

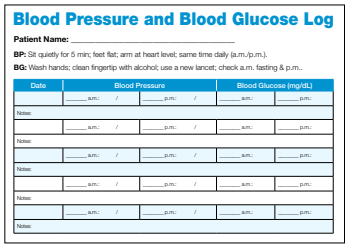
☐ Packets Needed

☐ **Blood Pressure Log** *PRV-20797*



☐ Packets Needed

☐ **Blood Pressure and Glucose Log** *PRV-20873*



☐ Packets Needed

Allow 4 to 6 weeks for delivery.

BlueCross BlueShield of Alabama

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PRV20213-2608