

# PRESERVICE APPEALS AND CONCURRENT APPEAL PROCESS Q&A

An Independent Licensee of the Blue Cross and Blue Shield Association

### What is a preservice or concurrent appeal?

Providers may file an appeal of an adverse determination prior to rendering the service (preservice) or during an ongoing course of treatment (concurrent) if they are appealing on behalf of the member. For urgent preservice appeals, the provider will be automatically deemed the authorized representative for the member. For all other appeals, an Authorized Representative Form must be obtained from the member. The member can request an Authorized Representative Form from our website, **AlabamaBlue.com**, or by contacting Customer Service.

### Examples of preservice appeals include, but are not limited to:

- Preadmission certifications.
- Precertification of therapy services for preferred care contracts.
- Precertification of radiology services.
- Any service requiring precertifications by the members' contract.

## The following are examples of what is not considered a preservice appeal:

- Predeterminations A predetermination is a courtesy review prior to rendering physician services or durable medical equipment that may be noncovered because they are considered investigational, cosmetic or costly (over \$3,000).
- Referrals by a Primary Care Physician (PCP) to a recommended specialist or for treatment.

#### What is the timeline for conducting an appeal?

The timelines below apply for most members:

- Urgent preservice or concurrent appeals will be completed within 72 hours.
- Standard preservice or concurrent appeals will be completed within 30 days. Some groups may have other specific requirements.

#### How do I request an appeal?

Follow these instructions to request a preservice appeal or extension of care:

- For inpatient hospital care, call 205-220-7202 (in Birmingham) or 1-800-248-2342 (toll free).
- For occupational therapy, speech therapy or care from a Participating Chiropractor or Preferred Physical Therapist, call 205-220-7202.

Carelon Medical Benefit Management, an independent company, is contracted to provide pre-certification services for Blue Cross and Blue Shield of Alabama.

 For Preferred Radiology Services or Radiation Therapy Precertification, submit your request to the address or fax number below:

#### Carelon

Attn: Clinical Appeals 540 Lake Cook Road, Suite 300 Deerfield, IL 60015 Fax: 1-866-803-8002

• For other services requiring precertification by the member's contract, send the appeal to:

#### Blue Cross and Blue Shield of Alabama

Attn: Standard Appeals P.O. Box 2504 Birmingham, AL 35201

#### What if I disagree with an initial appeal determination?

If the appeal continues to uphold the original adverse determination, the member's appeal rights will be defined in their Summary Plan Description.

#### Can I appeal a courtesy predetermination?

Predeterminations are provided by Blue Cross and Blue Shield of Alabama as a courtesy to our physicians and members for certain physician services that may or may not meet our medical policy criteria. These predeterminations are not a requirement of member or physician contracts, so they do not carry any formal preservice appeal rights. In those instances where a predetermination decision has been provided, the provider or member may submit additional documentation for reconsideration. This additional information should include a letter, on letterhead, asking for reconsideration that includes any and all information needed to make a decision. Only one reconsideration will be allowed per case. The contacts for predeterminations are as follows:

**Fax:** Courtesy Predetermination Reconsiderations **205-220-9560** 

**Mail:** Courtesy Predetermination Reconsiderations Post Office Box 362025 Birmingham, AL 35236